**3rd Kup Red Strip Revision Sheet**

**Red Belt means:**

Signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

**Practical:**

Choice Pattern 3 Step Semi-Free Sparring (Advanced)

Pattern Toi Gye Combinations from Patterns

Pattern (Examiners Set pattern) Sparring Combinations

1 Step Sparring (Basic) Pad Work

Free Sparring (Optional: Attend a red belt level pre-grading. Prior approval req’d)

**Toi-Gye**

Toi Gye is the pen name of the noted scholar Yi Hwang (16th Century AD), an authority of neoconfucianism. The 37 movements of the pattern refer to his birthplace on 37o latitude and the diagram ± represents “scholar”. 37 moves



**Terminology:**

Upset Fingertip Thrust Dwijibun Sonkut Tulgi

Low Outer Forearm Block & Najunde Bakat Palmok Makgi &

High Back Fist Strike (slowly) Nopunde Dung Joomuk Taerigi

X-Fist Pressing Block Kyocha Joomuk Noollo Makgi

Outer Forearm W-Shaped Block Bakat Palmok San Makgi

Knee Kick Ollyo Moorup Chagi

High Flat Fingertip Thrust Nopunde Opun Sonkut Tulgi

Jump Twigi

Instep Baldung

1 Step Sparring Ilbo Matsoki

Toes Balkut

Left Wen

Base of the Heel Dwi Kumchi

Right Orun

Reverse Foot Sword Balkal Dung

Hand parts San bansin

Reverse Hook Kick Bandae Dollyo Goro Chagi

Foot parts Han bansin

Twisting Kick Bituro Chagi

Crescent Kick Bandal Chagi

Inside An

Outside Baka